



**Community
Health Workers**
Association of Delaware



Diabetes Prevention

**Date: Wednesday,
February 21, 2024**

Time: 12pm-1pm

**During this session,
you will learn:**

- Discuss and define prediabetes and Diabetes
- Risk Factors
- Signs and Symptoms
- How to identify complications
- Treatment Options
- Healthy eating and sleeping tips
- State and national resources

Presented By:



*DELAWARE HEALTH
AND SOCIAL SERVICES*
Division of Public Health

Natalie Andrews

Wendy Bailey

DPH Bureau of Chronic Disease

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